



“Trinity”

May 26

Discussion Questions

1. Be honest. How often do you think about or pray to, God the Holy Trinity? Why is this the case? What do you think of the idea that God *should* be hard to understand?
2. Why do you think the doctrine of the Trinity is never clearly spelled out in the Bible? Read Matthew 28:18-20 - What can you glean from this passage about God being three persons and one God? And God being diversity and also unity? What do you think about the idea that unless God is a community of persons, God cannot be loving?
3. How does the fact that God is a community of persons change how we behave in our relationships? How could it make us more self-giving and committed?
4. How might knowing that Jesus is praying for you to the Father take away some pressure and anxiety in your own prayer life? How might it encourage you in your prayer life?
5. How will becoming increasingly aware of the Triune God's presence in your life, help you love sin less? How will it help you love your neighbors more.
6. Pray the Trinity over your loved ones.

Matthew 28:1-10, 16-20

After the sabbath, as the first day of the week was dawning, Mary Magdalene and the other Mary went to see the tomb.² And suddenly there was a great earthquake; for an angel of the Lord, descending from heaven, came and rolled back the stone and sat on it.³ His appearance was like lightning, and his clothing white as snow.⁴ For fear of him the guards shook and became like dead men.⁵ But the angel said to the women, 'Do not be afraid; I know that you are looking for Jesus who was crucified.⁶ He is not here; for he has been raised, as he said. Come, see the place where he lay.⁷ Then go quickly and tell his disciples, "He has been raised from the dead, and indeed he is going ahead of you to Galilee; there you will see him." This is my message for you.'⁸ So they left the tomb quickly with fear and great joy, and ran to tell his disciples.⁹ Suddenly Jesus met them and said, 'Greetings!' And they came to him, took hold of his feet, and worshipped him.¹⁰ Then Jesus said to them, 'Do not be afraid; go and tell my brothers to go to Galilee; there they will see me.'

¹⁶ Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them.¹⁷ When they saw him, they worshipped him; but some doubted.¹⁸ And Jesus came and said to them, 'All authority in heaven and on earth has been given to me.¹⁹ Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit,²⁰ and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.'

