



## **“Joy in Everything: How Humility Leads to Joy” January 22**

### **Discussion Questions**

1. Why does fighting, and conflict with others, sap our daily lives of happiness and contentment? As you feel comfortable sharing, over issues/situations do you find yourself most in conflict with the people most important to you in your life?
2. Read Philippians 2:1-4. What seems to be stealing Paul's joy? What does Paul urge his readers to embrace instead and why?
3. C.S Lewis writes “True humility is not thinking less of yourself, its thinking of yourself less”. What do you think of this and how does it relate to Phil 2:6-8?
4. Why is pride the opposite of humility and why does pride so often lead to conflict?
5. In order to decrease conflict and increase joy, we are urged to remember that Christ needed to die for us (we are great sinners!). We are also urged when we have conflict with others, to always first turn to God in prayer about the situation. In your daily life, how are you going to put both of those into practice?
6. Pray about a situation of conflict in your personal life and in the world.

## Philippians 2:1-11

### Imitating Christ's Humility

2 Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, 2 then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. 3 Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, 4 not looking to your own interests but each of you to the interests of the others.

5 In your relationships with one another, have the same mindset as Christ Jesus:

6 Who, being in very nature[a] God,  
did not consider equality with God something to be used to his own advantage;

7 rather, he made himself nothing  
by taking the very nature[b] of a servant,  
being made in human likeness.

8 And being found in appearance as a man,  
he humbled himself  
by becoming obedient to death—  
even death on a cross!

9 Therefore God exalted him to the highest place  
and gave him the name that is above every name,  
10 that at the name of Jesus every knee should bow,  
in heaven and on earth and under the earth,  
11 and every tongue acknowledge that Jesus Christ is Lord,  
to the glory of God the Father.