



“Vision Sunday”

October 16

Discussion Questions

1. What do you think people mean when they say they want a balanced life? Is the difference between having a balanced life or centered life? Do you have a sense of what Jesus’s life was centered in?
2. Jesus cares holistically about both our bodies and our souls. Read Mark 1:35-45. How does the story of Jesus’s interaction with the leper display this fact? What do you find most surprising about this interaction? Do you think you come to Jesus in prayer with needs that impact your body or soul more and why?
3. Jenny introduced a Rhythm of Life, 5 ancient habits of the church that reflect the life of Jesus; worship, study and prayer, service, generosity and faithful living. Why or why not do you think we need rhythms of life to create an environment in which we can become more like Jesus?
4. Jenny talked about some of the future directions that she sees God calling St. Paul’s to. Which ones did you find challenging or exciting and why?

Mark 1:35-45

Jesus Prays in a Solitary Place

35 Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. 36 Simon and his companions went to look for him, 37 and when they found him, they exclaimed: “Everyone is looking for you!”

38 Jesus replied, “Let us go somewhere else—to the nearby villages—so I can preach there also. That is why I have come.” 39 So he traveled throughout Galilee, preaching in their synagogues and driving out demons.

Jesus Heals a Man With Leprosy

40 A man with leprosy^[a] came to him and begged him on his knees, “If you are willing, you can make me clean.”

41 Jesus was indignant.^[b] He reached out his hand and touched the man. “I am willing,” he said. “Be clean!” 42 Immediately the leprosy left him and he was cleansed.

43 Jesus sent him away at once with a strong warning: 44 “See that you don’t tell this to anyone. But go, show yourself to the priest and offer the sacrifices that Moses commanded for your cleansing, as a testimony to them.” 45 Instead he went out and began to talk freely, spreading the news. As a result, Jesus could no longer enter a town openly but stayed outside in lonely places. Yet the people still came to him from everywhere.