

Welcome to St. Paul's

We invite you to join our growing community as you are and where you are on your own spiritual journey, as we learn to follow Jesus together.

Living On A Prayer
The Lord's Prayer In Action



11 am
Holy Communion

March 29, 2020

At St. Paul's we envision:
A **church made alive** by the power of the Holy Spirit.
A **city made new** by the gospel of Jesus Christ.
A **people made whole** by the grace of God.



Prelude

BWV 654 Schmücke dich, o liebe Seele

by J.S. Bach

Welcome

Hymn

please stand

Come, Let Us Join Our Cheerful Songs

Come, let us join our cheerful songs
with angels round the throne;
ten thousand thousand are their tongues,
but all their joys are one.

‘Worthy the Lamb that died,’ they cry,
‘to be exalted thus’;
“worthy the Lamb,” our lips reply,
‘for he was slain for us.’

Jesus is worthy to receive
honour and power divine;
and blessings, more than we can give,
be, Lord, for ever thine.

Let all that dwell above the sky,
and air, and earth, and seas,
conspire to lift thy glories high,
and speak thine endless praise.

The whole creation joins in one,
to bless the sacred name
of him that sits upon the throne,
and to adore the Lamb.

Introduction

Call to Worship

*sung three times
please sit or kneel*

Lord have mercy.
Christ have mercy.
Lord have mercy.

**The Collect
for Purity**

*please remain
sitting or kneeling
to pray*

**The Two
Great
Commandments**

*please remain
sitting or kneeling*

**The Collect of
the Day**

*please remain
sitting or kneeling*

**The First
Reading**

please be seated

All: Almighty God, to whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Jesus Christ our Lord. Amen.

Celebrant: Our Lord Jesus Christ said: The first commandment is this: 'Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.'

The second is this: 'Love your neighbour as yourself'. There is no other commandment greater than these. On these two commandments hang all the law and prophets.

All: Lord, have mercy upon us, and write both your laws in our hearts.

All: Most merciful God, by the death and resurrection of your Son Jesus Christ, you created humanity anew. May the power of his victorious cross transform those who turn in faith to him who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

1 John 1: 5-10

⁵ This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. ⁶ If we claim to have fellowship with him and yet walk in the darkness, we lie and do not live out the truth. ⁷ But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.

continues...

8 If we claim to be without sin, we deceive ourselves and the truth is not in us. 9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 10 If we claim we have not sinned, we make him out to be a liar and his word is not in us.

Reader: This is the word of the Lord.

All: **Thanks be to God.**

Gospel Hymn

please stand

**Forgive our sins as we forgive,
you taught us, Lord, to pray;
but you alone can grant us grace
to live the words we say.**

**How can your pardon reach and bless
the unforgiving heart
that broods on wrongs and will not let
old bitterness depart?**

The Gospel

Reading

*please remain
standing*

Matthew 6: 5-15

Reader: Hear the Gospel of our Saviour Christ,
according to Matthew chapter six beginning
at verse five

All: **Glory to you, O Lord.**

5 'And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. 6 But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.

7 And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. 8 Do not be like them, for your Father knows what you need before you ask him.

9 “This, then, is how you should pray:

“Our Father in heaven,
hallowed be your name,

10 your kingdom come,
your will be done,

on earth as it is in heaven.

11 Give us today our daily bread.

12 And forgive us our debts,
as we also have forgiven our debtors.

13 And lead us not into temptation,
but deliver us from the evil one.”

14 For if you forgive other people when they sin against you,
your heavenly Father will also forgive you. 15 But if you do not
forgive others their sins, your Father will not forgive your sins.

Reader: This is the Gospel of the Lord.

All: Praise to you, O Christ.

Gospel Hymn

*please remain
standing*

In blazing light your cross reveals
the truth we dimly knew,
what trivial debts are owed to us,
how great our debt to you!

Lord, cleanse the depths within our souls
and bid resentment cease.
Then, bound to all in bonds of love,
our lives will spread your peace.

The Nicene Creed

*please remain
standing*

Celebrant: Do you believe and trust in God the Father?

All: I believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is seen
and unseen.

Celebrant: Do you believe and trust in his Son
Jesus Christ?

All: I believe in one Lord, Jesus Christ, the only
Son of God, eternally begotten of the Father,
God from God, Light from Light, true God
from true God, begotten, not made, of one
Being with the Father; through him all things
were made. For us and for our salvation he
came down from heaven, was incarnate by
the Holy Spirit of the Virgin Mary and was
made man.

Celebrant: Do you believe and trust in the saving work of
Jesus Christ?

All: For my sake he was crucified under Pontius
Pilate; he suffered death and was buried. On
the third day he rose again in accordance
with the Scriptures; he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living
and the dead, and his kingdom will have no
end.

Celebrant: Do you believe and trust in the Holy Spirit?

All: I believe in the Holy Spirit, the Lord, the giver
of life, who proceeds from the Father and the
Son, who with the Father and the Son is
worshipped and glorified, who has spoken
through the prophets. I believe in One, Holy,
Catholic and Apostolic Church, I acknowledge
one baptism for the forgiveness of sins. I look
for the resurrection of the dead, and the life
of the world to come. Amen.

Hymn

*please remain
standing*

Dear God, Compassionate and Kind

Dear God, compassionate and kind,
forgive our foolish ways.
Re-clothe us in our rightful mind,
in purer lives thy service find,
in deeper reverence, praise,
in deeper reverence, praise.

In simple trust like theirs who heard,
beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word,
rise up and follow thee,
rise up and follow thee!

O Sabbath rest by Galilee!
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity
interpreted by love,
interpreted by love!

Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace,
the beauty of thy peace.

Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind, and fire,
O still, small voice of calm,
O still, small voice of calm.

Sermon

please be seated

*The Rev. Karen Isaacs
You can listen to the sermon again online at stpaulsbloor.org*

The Quietness of Lent

The Offertory

The Invitation

The Offertory is an opportunity to support God's kingdom building ministry at St. Paul's. It is work happening right here in downtown Toronto and around the world. The money we give today is not so much a gift or a donation. Instead, what we are doing is playing an important role in God's generous mission, which impacts real lives. When we give, we don't do it out of obligation, but out of thankfulness for what God has done in our lives, and all of us are invited to take part.

Offertory

Anthem

*please remain
seated*

Offertory

Prayer of

Thanksgiving

*please stand as the
offering is presented*

Offertory

Blessing

Sinnes Round

Thomas Bell

Sorrie I am, my God, sorrie I am,
That my offences course it in a ring.
My thoughts are working like a busie flame,
Untill their cockatrice they hatch and bring;
And when they once have perfected their draughts,
My words take fire from my inflamed thoughts.

My words take fire from my inflamed thoughts,
Which spit it forth like the Sicilian Hill.
They vent the wares, and passe them with their faults,
And by their breathing ventilate the ill.
But words suffice not, where are lewd intentions:
My hands do joyn to finish the inventions.

My hands do joyn to finish the inventions:
And so my sinnes ascend three stories high,
As Babel grew, before there were dissensions.
Yet ill deeds loyter not: for they supplie
New thoughts of sinning: wherefore, to my shame,
Sorrie I am, my God, sorrie I am.

**Praise God, from Whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen.**

Celebrant: Blessed are you, Lord God of Israel, for ever and
ever. All that is in heaven and on earth is yours,
All things come from you, and from your own
hand we have given to you.

{1 Chron. 29:10, 11, 14}

The Prayers of the People

please sit or kneel to pray

each prayer will end with this response:

the time of prayer will end with this response:

Exhortation & Invitation

please remain sitting or kneeling

The Confession

please remain sitting or kneeling

God's forgiveness is declared:

Leader: Lord, in your mercy
All: Hear our prayer.

Leader: Merciful Father,
All: Accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

Celebrant: You then, who truly and earnestly repent of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from this day forward in his holy ways: draw near with faith, and take this holy sacrament to your comfort; and make your humble confession to almighty God.

All: Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all, we acknowledge and confess our many sins, which we have committed by thought, word, and deed, against your divine majesty. We earnestly repent, and are truly sorry for all our misdoings. Have mercy on us, most merciful Father. For your Son our Lord Jesus Christ's sake forgive us all that is past, and grant that from now on we may always serve and please you in lives wholly renewed by your Spirit, to the honour and glory of your name, through Jesus Christ our Lord. Amen.

Celebrant: Almighty God our heavenly Father, who in his great mercy has promised forgiveness of sins to all who turn to him with heartfelt repentance and true faith: have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to eternal life, through Jesus Christ our Lord.

All: Amen.

Celebrant: Listen to our Lord Jesus Christ's words of assurance to all who truly turn to him:

Come to me, all you who are weary and burdened, and I will give you rest.

Matthew 11:28

For God so loved the world that he gave his one and only Son that whoever believes in him shall not perish but have eternal life.

John 3:16

The apostle Paul says: Here is a trustworthy saying that deserves full acceptance: Christ Jesus came into the world to save sinners.

1 Timothy 1:15

The apostle John also says: If anyone does sin, we have one who speaks to the Father in our defence-Jesus Christ, the Righteous One. He is the atoning sacrifice for our sins.

1 John 2:1-2

Celebrant: The Lord be with you.

All: And also with you.

Celebrant: Lift up your hearts.

All: We lift them up to the Lord.

Celebrant: Let us give thanks to the Lord our God.

All: It is right to give him thanks and praise.

Celebrant: It is indeed right, our duty and joy, that we should always and everywhere give thanks to you, O Lord, holy Father, mighty Creator, and eternal God. Who has called us your faithful people to cleanse our hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism, and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in works of love. Therefore with angels and archangels, and with the whole company of heaven, we praise and magnify your glorious name, evermore praising you, and singing:

**Prayer of
Consecration**

*please remain sitting
or kneeling*

Choir: *Holy, holy, holy, Lord God of hosts, heaven and earth are full of your glory. Glory be to you, O Lord most high. Blessed is he who comes in the Name of the Lord. Hosanna in the highest.*

Celebrant: Almighty God, our heavenly Father, in your tender mercy you gave your only Son Jesus Christ to suffer death upon the cross for our redemption. He made there, by his once and for all offering of himself, a full, perfect, and sufficient sacrifice for the sins of the whole world. He instituted and in his holy gospel commands us to continue a perpetual memorial of his precious death until he comes again.

Hear us, O merciful Father, we humbly pray, and grant that we who receive this bread and wine according to your Son Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood.

On the night that Jesus was betrayed he took bread and when he had given thanks, he broke it and gave it to his disciples, saying:

Take, eat this is my body which is given for you. Do this in remembrance of me.

In the same way, after supper, Jesus took the cup and when he had given thanks, he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Accept through Jesus Christ, our great high priest, this our sacrifice of praise and thanksgiving; and as we eat and drink these holy gifts, grant by the power of your life-giving Spirit that we may be made one in your holy Church and partakers of the body and blood of your Son, that he may dwell in us and we in him:

Prayer of Humble Access

please remain sitting or kneeling

The Lamb of God

The Communion

Communion Hymn

All: Through the same Jesus Christ our Lord, by whom, and with whom, and in whom, in the unity of the Holy Spirit,
all honour and glory are yours, Almighty Father, for ever and ever. Amen.

All: We do not presume to come to this your table, merciful Lord, trusting in our own righteousness, but in your abundant and great mercies. We are not even worthy to gather up the crumbs under your table. But you are the same Lord who delights in showing mercy. Grant us, therefore, gracious Lord, so to eat this bread and to drink this wine, that our bodies and souls may be cleansed by Christ's body and blood, and that we may evermore dwell in him, and he in us. Amen.

*Choir: O Lamb of God, that takes away the sin of the world, have mercy on us.
O Lamb of God, that takes away the sin of the world, have mercy on us.
O Lamb of God, that takes away the sin of the world, grant us your peace.*

All who are baptized in any Christian Church and seek to follow Jesus Christ are invited to receive the bread and wine.

- To receive the bread, hold out your hands with palms up.*
- If you would like to receive a blessing, come forward and cross your arms over your chest.*

If you require gluten-free wafers, please ask a communion administrant.

Before I Take the Body of My Lord

**Before I take the body of my Lord,
before I share his life in bread and wine,
I recognize the sorry things within
these I lay down.**

The words of hope I often failed to give,
the prayers of kindness buried by my pride,
and signs of care I argued out of sight,
these I lay down.

The narrowness of vision and of mind,
the need for other folk to serve my will,
and every word and silence meant to hurt,
these I lay down.

Of those around in whom I meet my Lord,
I ask their pardon and I grant them mine
that every contradiction to Christ's peace
might be laid down.

Lord Jesus Christ, companion at this feast,
I empty now my heart and stretch my hands,
and ask to meet you here in bread and wine,
which you lay down.

Music During Communion

The Beatitudes

Arvo Pärt

Blessed are the poor in spirit: for theirs is the kingdom of heaven. Blessed are they that mourn: for they shall be comforted. Blessed are the meek: for they shall inherit the earth. Blessed are they which do hunger and thirst after righteousness: for they shall be filled. Blessed are the merciful: for they shall obtain mercy. Blessed are the pure in heart: for they shall see God. Blessed are the peacemakers: for they shall be called the children of God. Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven. Blessed are ye, when men shall revile you, and persecute you and say all manner of evil against you falsely, for my sake. Rejoice, and be exceeding glad for great is your reward in heaven, for so persecuted they the prophets which were before you. Amen.

The Lord's

Prayer

please sit or kneel to pray

Prayers After Communion

please remain sitting or kneeling

Announcements

please be seated

All: Our Father who art in heaven, hallowed by thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Celebrant: Almighty and everliving God, we thank you with all our hearts for feeding us with the spiritual food of the most precious body and blood of your Son, our Saviour Jesus Christ. We acknowledge your love and care for us in making us members of his mystical body, the blessed company of all faithful people, and heirs of eternal life.

All: **And here we offer and present ourselves, our souls and bodies, to be a holy and living sacrifice, through Jesus Christ our Lord, to whom with you and the Holy Spirit be all honour and glory, world without end. Amen.**

Celebrant: The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

All: **Amen.**

Hymn

please stand

O Praise Ye the Lord

O praise ye the Lord! praise Him in the height;
Rejoice in His Word, ye angels of light;
Ye heavens, adore Him by Whom ye were made,
And worship before Him in brightness arrayed.

O praise ye the Lord! Praise Him upon earth,
In tuneful accord, ye sons of new birth;
Praise Him Who hath brought you His grace from above,
Praise Him Who hath taught you to sing of His love.

O praise ye the Lord! All things that give sound;
Each jubilant chord re-echo around;
Loud organs, His glory forth tell in deep tone,
And sweet harp, the story of what He hath done.

O praise ye the Lord! Thanksgiving and song
To Him be outpoured all ages along!
For love in creation, for Heaven restored,
For grace of salvation, O praise ye the Lord!

Dismissal

*please remain
standing*

Choir: Go forth in the name of Christ.

All: **Thanks be to God.**

Postlude

Vivaldi Concerto in A BWV 593

arr. J.S. Bach



Weekly Announcements

Online Sermons

While the church remains closed, our ministers will be video recording their sermons and you can access them every week on our website at: stpaulsbloor.org/watch-online.

Community News

If you're not already receiving our Community News, it's a great way to keep up with everything happening at St. Paul's. To sign up, visit our website at:

stpaulsbloor.org/events, scroll to the bottom of the page and enter your information.

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