

Pastoral Support

I'm interested in helping people who are isolated or experiencing difficult challenges in their lives

Prayer Ministry

Offer prayer in the Chapel after Sunday services. Arrive at the end of the service and stay for approximately 20 minutes, offering prayer to anyone who needs it.

When: Directly after the 8:15, 9:30 and 11 a.m. services

Where: St. Paul's Chapel

Time Commitment: 20 minutes

Health Ministry Greeter

St. Paul's offers courses like DivorceCare, GriefShare and Dealing with Depression three times a year, and the Health Ministry Greeter can help attendees feel comfortable and situated on their first night of class. Duties include arriving 15 minutes early, greeting, handing out appropriate forms, offering coffee or tea and gently directing individuals into the meeting room before the class starts.

When: One evening during the week on the first night of a course, usually in September, March or June

Where: St. Paul's

Time Commitment: 20 minutes

Pastoral Visitors

Pastoral Visitors visit and provide spiritual support to individuals who are going through difficult times, such as illness and upheaval.

When: Flexible

Where: Visiting people in their homes or hospital rooms around the city

Time Commitment: Flexible

<http://www.stpaulsbloor.org/serve>