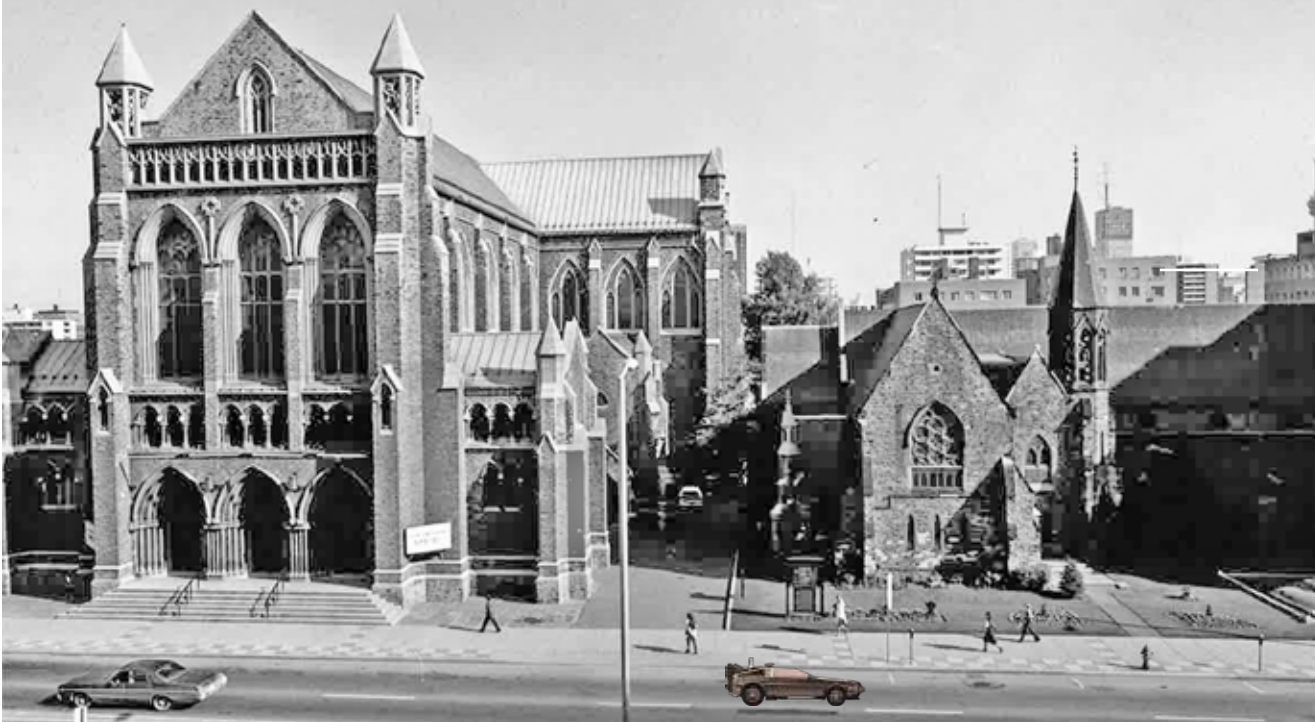


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WHAT'S HAPPENING!

St. Paul's Bloor Street

227 Bloor Street East
Toronto, ON M4W 1C8
416-961-8116
mail@stpaulsbloor.org

Office Hours

Monday to Friday
8:30 a.m. to 5 p.m.

Sanctuary Hours

Sundays: 8 a.m. to 12:30 p.m.

Parking

Parking is free on Sunday mornings at the Manulife building located on the north side of Bloor Street at the top of Ted Rogers Way. To gain access to Manulife's parking, press the intercom button and inform the security attendant you are attending a service at St. Paul's.

Charitable Number
119194942RR0001

stpaulsbloor.org

 @stpaulsbloor

 stpaulsbloor



Pilgrim: The Creeds

Pilgrim is a course designed to explore what it means to travel through life with Christ in the twenty-first century. It engage key areas of the Christian faith and through discussions, together we learn how to follow Jesus in everyday life. The next Pilgrim course starts on **Sunday, October 29 at 12:15 p.m.** in Room 106.

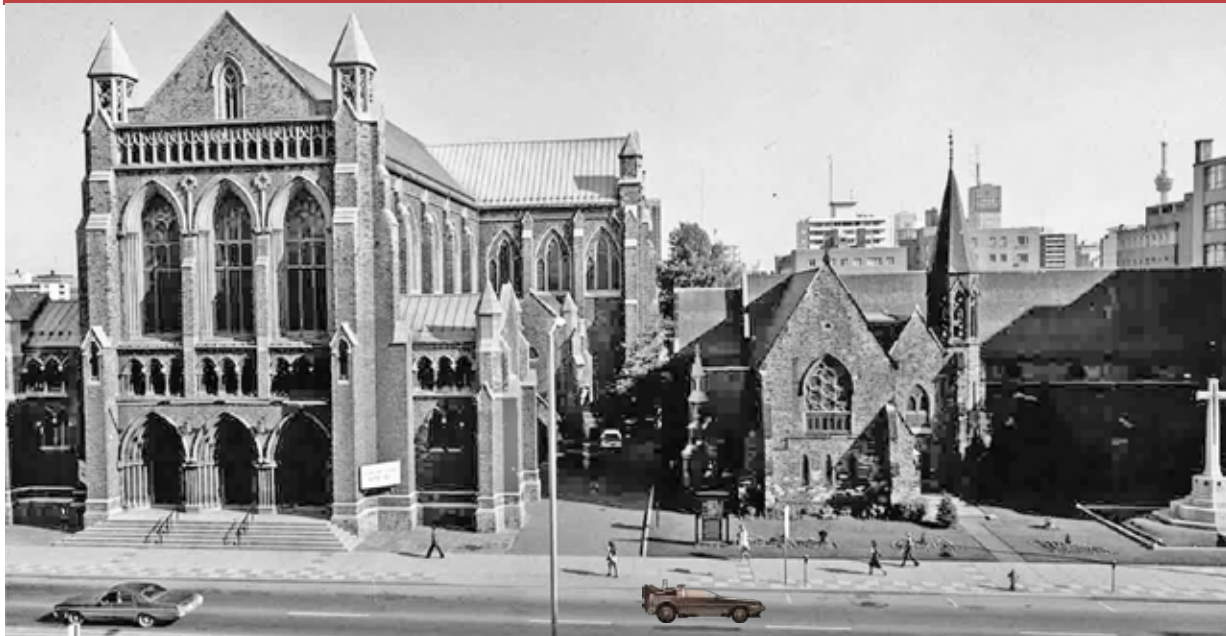
Come as you are to participate in a way that is comfortable, whether sharing openly in conversation or listening quietly. All questions are welcome in this formative experience of learning and reflection.

For more information, contact Mark Regis, at ext 230 or at mregis@stpaulsbloor.org. To register online, visit stpaulsbloor.org/pilgrim.

Considering having your child baptized?

Join us for **Stepping Into Faith**, a four week course starting **today, Sunday, October 22 at 10:45 a.m** for families preparing for baptism. Built around the foundation of the baptism promises, we will explore ways to live out our faith with our families. Come by Room 106 today to sign up, or stay tuned for the next offering in the spring. For more information visit stpaulsbloor.org/stepping-faith or contact Janet Earle, Children's Minister, at ext 241 or children@stpaulsbloor.org

Back to the Future



By Barry Parker, Rector (Sr. Minister)

Research on the link between gratitude and health has been growing in recent years. From publications like Harvard Medical School (“In Praise of Gratitude”) to Psychology Today (“7 Scientifically Proven Benefits of Gratitude”)—the healthful benefits of giving thanks and living a life of gratitude are real. Secular science is seeing thanksgiving as a critical health indicator.

Christians have known and understood this fundamental faith issue long before research began. The Bible is full of examples and exhortations that followers of Jesus are to be a people of gratitude—first to God and then for the blessings we have received at his hand.

On Sunday, October 22nd, the congregation of St. Paul’s will gather for the 175th consecutive annual meeting to give thanks. Some call it an Annual General Meeting (AGM) and others a Vestry, an Anglican term meaning “a meeting of the members of a parish to transact the official business of the parish.” Not only is this a long-term remarkable event in this transient and changing world, but most importantly, we gather for a singular purpose—to give thanks.

God has richly blessed St. Paul’s Bloor Street with an abundance of material resources—our buildings as well as financial resources. Supremely though, God has blessed this parish in our 175-year witness with people—faithful, serving, committed people of faith. God has blessed us with you!

(Continued on page 4)



This AGM promises to be so much more than reports and financial statements. On Sunday we will go back to the future. We will see in what ways God has blessed and challenged us through understanding the temporal and material aspects of the last year of ministry. We will also lean into the future as we discern what God has laid out for us in the next season of ministry.

One of the purposes for gathering in this way as the people of God, is to gain a perspective on the health of our church. We do this, as the old saying goes, with an attitude of gratitude.

Join us **today at 12:15 p.m.** in Cody Hall for a gathering of practical thanksgiving. See you there!

Young Adult Games Night

If you are 18-30, join us for a night of board games on **Monday, October 30 at 7 p.m.** in Cody Hall.

Games nights are always fun and full of laughter. It's a great way to connect with other young professionals in our community. As young adults we all know it can be challenging to find our way, especially in a big church like ours. Come meet our Young Adult Pastor, Ian Koiter, and learn about other opportunities to get involved at St. Paul's.

If you are interested, please contact Ian Koiter, Young Adult Pastor, at ext. 295 or ikoiter@stpaulsbloor.org

Youth Group Update

By Ian Koiter, Youth Pastor

Our Wednesday night youth group is growing in numbers, relationships, learning, and in faith. At the beginning of the school year, we decided to come up with a statement letting you know who we are and what we're about. Here it is:

We are St. Paul's Youth Group. We are a community of youth, aged 11-17.

When we gather for youth group, we like to:

- Play games and eat food.
- Learn about faith and other things relevant to our lives.
- Feel safe to talk honestly about real stuff.
- Have opportunities to serve (and sometimes lead) others.

We are committed to making our space:

- Fun
- Positive
- Safe
- Welcoming & Inclusive
- Relaxed
- Supportive

So we always try to:

- Listen first.
- Build each other up.
- Be patient when others speak.
- Be forgiving.
- Support others in their faith.
- Respect our building and clean up after ourselves.

And, we don't:

- Bad-mouth each other.
- Distract when others are speaking.
- Dismiss others' opinions, even if we don't agree with them.
- Use bad language.
- Throw Bibles.

The Wednesday night youth group meets starting at 7 p.m. in the Youth Room on the lower level.

We are blessed with a team of enthusiastic, dedicated, and gifted leaders. In addition to games, sports, worship, and teaching, we provide youth with small group studies and discussions which are geared towards boys and girls from middle-school and high-school. If you are interested in volunteering, contact Ian Koiter, Youth Pastor at ext. 295 or ikoiter@stpaulsbloor.org.

For more information on the youth group, visit stpaulsbloor.org/youth.

Cornerstone Dinner



On Saturday, October 14 volunteers from St. Paul's spent the afternoon and evening serving a meal at the Cornerstone Community Dinner in Regent Park. This involved preparing a meal, serving it and cleaning up afterwards.

Thank you to everyone who came and helped out!



This week we are praying for...

World and National Issues

- Order and peace to be brought to all nations and be united for a lasting peace.
- Those in leadership, regardless of their position, to be faithful in service and exercise wisdom and justice for all people.
- All the poor, hungry, and neglected all over the world, may their cries be a call to action for those of us who have so much.
- The dignity of all humanity, created in your image.

The Global Church

- Followers of Christ to walk in humility, persevering towards unity rather than fracture.
- All leaders of the church to seek your peace, presence and grace.
- The church's prayers to be infused with biblical vision, honesty, and humility.
- Everyone gathered today to worship in the Anglican Diocese (district) of Saskatoon in central Saskatchewan.

In Our Own Church

We pray for the following members of our St. Paul's community: David, Marie, Dave, Andrew, Anna, Noah, Joshua, Ronald, Christine. We pray for your love, grace and mercy to sustain them.

Prayer for Today's Annual General Meeting (Vestry)

Gracious Lord, as we gather today to consider the stewardship of your church, give us your guidance, wisdom, and presence at this 175th annual meeting of St. Paul's Bloor Street. Help us to engage in meaningful discussion, nurture our community and shape our understanding of healthy ministry. Fill us with your grace as we make decisions which will affect the ministry of St. Paul's Bloor Street and the communities we serve. Continue to remind us that all we do here today, all that we accomplish, is for your greater glory, as we participate in the building of the kingdom of God. Most of all Lord, give us thankful hearts as we express our gratitude for all you have done and are doing in our midst. All of this we pray, in the name of the Father, the Son and the Holy Spirit. Amen.

The Flowers Today

The flowers in at the High Table are given to the Glory of God and in loving memory of C.R. Wordsworth given by the Wordsworth Family.

What's Happening This Week

Sunday, October 22

Stepping Into Faith - 10:45 a.m. | *Room 106*
Annual General (Vestry Meeting) - 12:15 p.m. | *Cody Hall*

Monday, October 23

Grief Share - 5:30 p.m. | *Library*
ESL Cafe - 7 p.m. | *Sanctuary*

Tuesday, October 24

Winchester Group - 10 a.m. | *Library*
Holy Communion - 12:10 p.m. | *St. Paul's Chapel*
Christian Meditation - 1 p.m. | *Room 206*
DivorceCare - 7 p.m. | *Library*

Wednesday, October 25

Little Sunbeams - 9:45 a.m. | *Nursery*
Lunchtime Alpha - 12 p.m. | *St. Paul's Chapel*
Alpha Prayer Time - 6 p.m. | *St. Paul's Chapel*
Alpha - 6:30 p.m. | *Cody Hall*
Wednesday Night Youth - 7 p.m. | *Youth Room*

Thursday, October 26

CBS Women's Bible Study - 9 a.m. | *Music Room*
Choir Practice - 6:30 p.m. | *Music Room*

Friday, October 27

Music for Health Clinic - 10 a.m. | *Gym*

Sunday, October 29

Stepping Into Faith - 10:45 a.m. | *Room 106*
Pilgrim Course - 12:15 p.m. | *Room 106*

Every Sunday

Worship Services

8:15 a.m. | *Chapel of the Good Shepherd*
9:30 a.m. **the bridge** | *Sanctuary*
11 a.m. | *Sanctuary*

Prayer Ministry

9 a.m., 10:20 a.m. & 12 p.m.
St. Paul's Chapel

Nursery

beginning at 9:15 a.m. | *2nd Floor*

Children's Ministry

9:30 a.m. & 11 a.m. | *2nd Floor*

Youth Group

9:30 a.m. & 11 a.m. | *Youth Room*

Prayer Groups

10:20 a.m. | *Room 7*
10:50 a.m. | *St. Paul's Chapel*

Community Lunch

12:15 p.m. | *Great Hall*
\$8 per person

Next Sunday's Preaching Passage

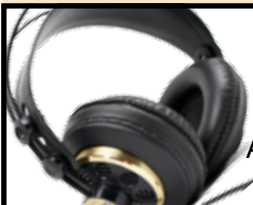
James 5:7-11

Topic: Patience

**Missed a sermon from our series
on the book of James?
Listen again online**

All Sunday sermons are posted online

stpaulsbloor.org/sermons



Ways to Give

For more information visit
stpaulsbloor.org/give



In Person



Pre-Authorized
Giving



Through
our App



Online