



Easter 2019

# WHAT'S HAPPENING!

*Happy Easter!*

By the power and grace of Jesus Christ,  
we seek to be a transformative community for the city.

# Welcome

We're glad you're here!

Happy Easter! Thank you for joining us for worship today. With multiple ways to explore and grow in your faith at St. Paul's, you are welcome here.

## About Us

We gather every Sunday to worship as a community at 8:15 am (quiet service), 9:30 am (casual service with a band) and 11 am (classic service with a choir).

We offer children's, youth, and young adult programs, as well as a variety of courses and Bible studies throughout the week.

## How can I get involved or stay connected?

Fill out a Connection Card and hand it in at the St. Paul's Central kiosk in the Atrium for a free gift.

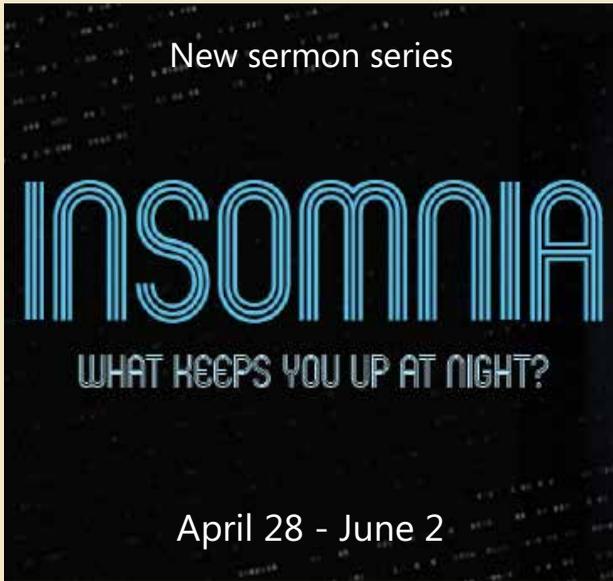
Learn about upcoming events, listen to a sermon, get connected to a small group, or discover volunteer opportunities at [stpaulsbloor.org](http://stpaulsbloor.org).



Enjoyed today's sermon?  
Listen again anytime:



[stpaulsbloor.org/sermons](http://stpaulsbloor.org/sermons)



### Insomnia: What Keeps You Up At Night?

Even though Jesus commanded his followers not to worry (Matthew 6:25-34), most of us do. We have the realities of Seasonal Affective Disorder, Social Anxiety Disorder, and even the nagging feeling that things aren't what they should be. All produce worry and anxiety.

There's an old saying, "*What worries feed your 3 am agenda? They need to be addressed.*" How does our faith inform our insomnia, our worries and anxieties?

Come back next Sunday for the start of our new series "Insomnia: What Keeps You Up at Night?" Each week we'll explore some of the causes and remedies of cultural anxiety: **Debt, Making A Difference, Meaning & Purpose, Health, and Suffering.**



### You're Invited to a Mother's Day Brunch

After the 8:15 am, 9:30 am and 11 am services on May 12, everyone is invited to enjoy a delicious brunch in the Great Hall.

This brunch is open to everyone - parents, kids, grandparents, friends and first-time guests. The cost for children and adults is \$8.

We'll also have a FREE photo booth where you can have your photo taken with family and friends.

## Upcoming Events and Courses

### Marriage Preparation Course

starts April 24 at 7 pm

[stpaulsbloor.org/marriage-preparation-course](http://stpaulsbloor.org/marriage-preparation-course)

### Young Professionals Night

April 25 at 7 pm

### Volunteer at Regent Park Community Dinner

April 27 at 4:30 pm

Sign up at [stpaulsbloor.org/community-dinner](http://stpaulsbloor.org/community-dinner)

### Stepping into Faith (Family Baptism Prep Course)

starts April 28 at 10:45 am

Register at [stpaulsbloor.org/stepping-faith](http://stpaulsbloor.org/stepping-faith)

### Reading the Bible Seminar:

#### Church Unity (According to Paul the Apostle)

May 5 at 10:45 am and 12:30 pm

[stpaulsbloor.org/reading-the-bible](http://stpaulsbloor.org/reading-the-bible)

### Money Course

May 7, May 14 and May 21 at 7 pm

Register at [stpaulsbloor.org/money-course](http://stpaulsbloor.org/money-course)

For a full schedule of weekly events,  
please visit [stpaulsbloor.org/calendar](http://stpaulsbloor.org/calendar)



## St. Paul's Bloor Street

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Email: [mail@stpaulsbloor.org](mailto:mail@stpaulsbloor.org)

### Office Hours

Monday to Friday  
8:30 a.m. to 5 p.m.

### Sanctuary Hours

Sundays: 8 a.m. to 12:30 p.m.

### Parking

Parking is free on Sunday mornings at the Manulife building located on the north side of Bloor Street at the top of Ted Rogers Way. To gain access to Manulife's parking, press the intercom button and inform the security attendant you are attending a service at St. Paul's.

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