

COMMUNITY ENGAGEMENT

Alpha Experience Host

Being an Alpha Host is similar to welcoming someone into your home. You host a meal (already prepared by our Chef) and facilitate a conversation where people can ask their questions about life, faith and God after watching a video. Training and support are provided.

When: one evening or noon-hour a week during a specified term (normally twice a year for 2-3 months)

Where: St. Paul's

Time Commitment: 1.5-3 hours per week

ESL Café Table Host/Support

Arrive 15 minutes early. Help to facilitate casual conversation according to themes, current events and more, and make others feel comfortable. These roles involve an application process, training and lesson plans.

When: Monday evenings from 7 – 8:30 p.m. during the academic year

Where: Sanctuary

Time Commitment: 1.5 hours weekly

Regent Park Community Dinner Volunteer (formerly Cornerstone Dinner)

Several times a year we partner with Church in Regent Park to offer a hot meal on a Saturday evening to about 400 people in Regent Park. Come on your own or with your family (ages 9+) to help prepare then serve a meal or dessert and drinks.

When: Saturday evenings, once every few months

Where: 40 Oak St.

Time Commitment: 2-3 hours

To sign up to serve at the next Regent Park Community Dinner, [visit our website](#).